



NAVIGATE LIFE

## **Anthony M. Drago**

A Veteran of the United States Coast Guard with over 25 years of Personal Development training, Anthony M. Drago is now a Peak Performance Consultant, Speaker, Author of *Go Prove Something!*, a Distinguished Toastmaster, and a Certified Speed & Agility Coach, who trains Youth Organizations, Corporations, Sports teams, and Entrepreneurs in the areas of Communication, Leadership, Motivation, Personal Development, and Proper Body Mechanics (Speed, Agility & Quickness). Anthony uses his Military, Financial markets, and sports backgrounds as the vehicles to teach vital life lessons. Anthony has developed a unique, entertaining, physical, and interactive seminar, speech, or workshop that builds an unbreakable bond between the Mind & Body while creating physical anchors that makes information retention second nature.

## **Get In Touch With Me!**

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**My Book: *Go Prove Something!*: [www.amazon.com/author/anthonymdrago](http://www.amazon.com/author/anthonymdrago)**

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