



NAVIGATE LIFE

Anthony M. Drago

A Veteran of the United States Coast Guard with over 25 years of Personal Development training, Anthony M. Drago is now a Peak Performance Consultant, Speaker, Author of *Go Prove Something!*, a Distinguished Toastmaster, and a Certified Speed & Agility Coach, who trains Youth Organizations, Corporations, Sports teams, and Entrepreneurs in the areas of Communication, Leadership, Motivation, Personal Development, and Proper Body Mechanics (Speed, Agility & Quickness). Anthony uses his Military, Financial markets, and Sports backgrounds as the vehicles to teach vital life lessons. Anthony has developed a unique, entertaining, physical, and interactive seminar, speech, or workshop that helps eliminate the phrase “there was a breakdown in communication” for your vocabulary and builds an unbreakable bond between the Mind & Body while creating physical anchors that makes information retention second nature.

Get In Touch With Me!

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