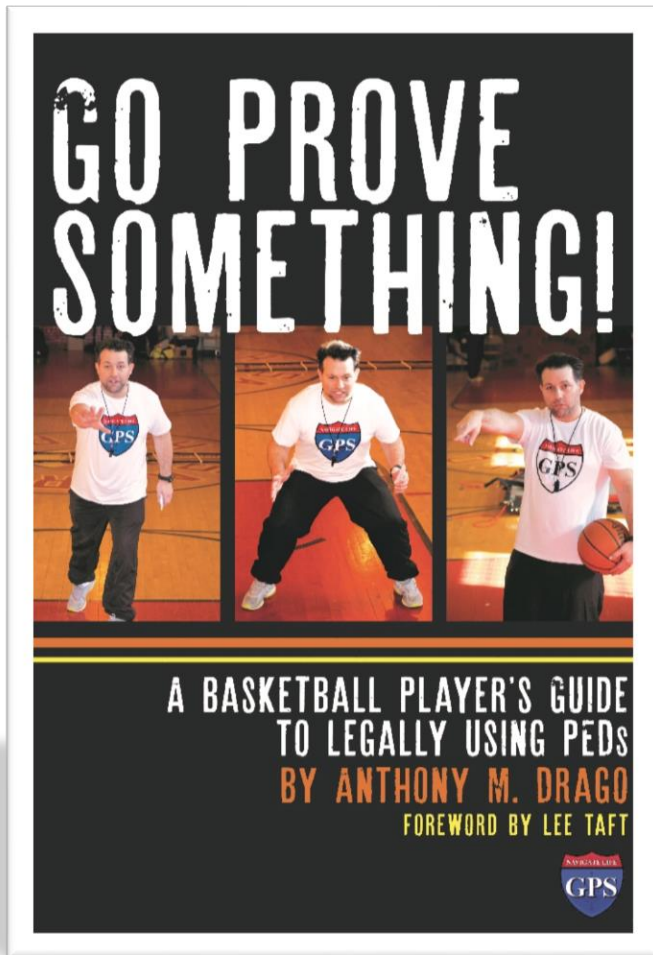


# ANTHONY M. DRAGO



## GO PROVE SOMETHING!

*A Basketball Player's Guide to Legally Using PEDs* outlines and guides basketball players of all ages through the steps needed to develop an iron clad mental toughness, the body of an elite athlete and the basketball skills required to take their games and lives to the next level. Using the backdrop of building a house, I explain how the steps taken to build a house are the exact same steps needed when building your mind, body and basketball skills. **Go Prove Something!** also brilliantly illustrates how the greatest basketball players, past and present, have been legally using **PEDs** for their entire careers without even realizing it. Obviously the **PEDs** I'm talking about are not the illegal Performance Enhancing Drugs. My **PEDs** are 100 percent legal, more addicting than their illegal counterparts, cost nothing and if used consistently and at the proper dosage, can help a player transform every aspect of their lives and will take their performance to levels they thought were impossible.

*"Go Prove Something! A Basketball Player's Guide to Legally Using PEDs" is a refreshing, must read for all parents and young players who truly want to improve their games and reach for greatness. The Performance Enhancement Training road Anthony takes you down shows many unique insights and training methods that will definitely open your eyes. Anthony's desire to help others comes through so easily when reading this book. I am so glad I read it and you should read it too.*

- **Ron Naclerio** Cardozo HS Boys Basketball Coach & Most wins in NYC PSAL History (over 723 wins)

*In Drago's highly-motivating book, basketball becomes a powerful metaphor for life itself. A book every player and player's family should own!*

- **Steve Chandler** Author, Crazy Good: A Book of Choices



*With over 20 years of Personal Development training and a 4-year active duty enlistment in the United States Coast Guard, Anthony M. Drago is now the author of Go Prove Something! A Basketball Player's Guide to Legally Using PEDs, the 2017 & 2018 Toastmasters International Speech Contest winner for Area 36 & 67, a Motivational Speaker, and a Peak Performance Strategist who trains people in the areas of personal development and proper body mechanics while using basketball as the vehicle to teach vital life lessons.*

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